

A cluster of colorful autumn leaves in shades of yellow, orange, and red, scattered along the left side of the image.

**It is easy to do  
something asked,  
but doing unasked  
is staying ahead of  
competition**

**People...  
are not equal,  
So, you can't be  
disappointed!**

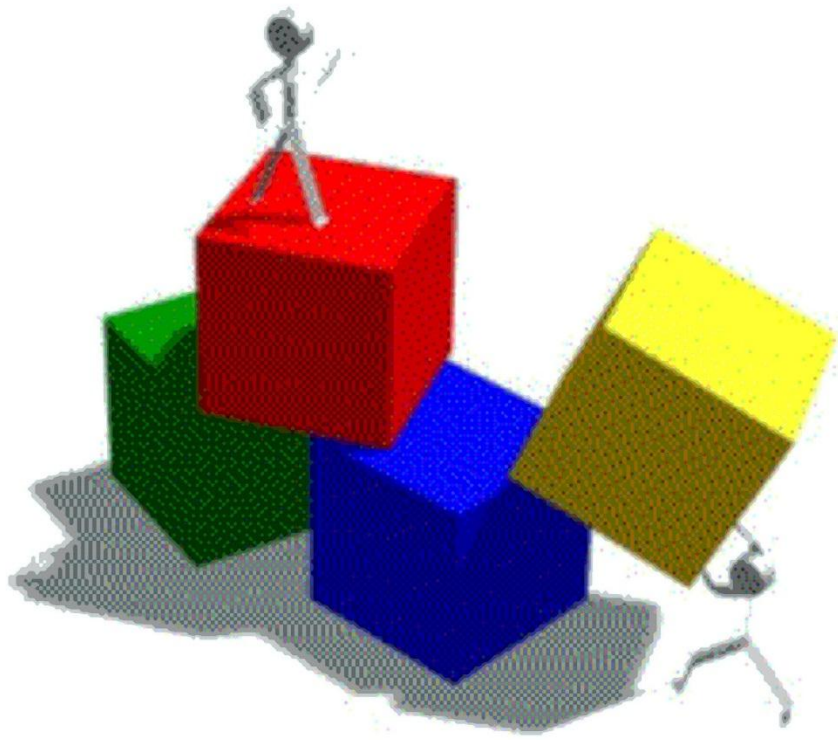




**If you walk the talk...  
Then you are in  
Exclusive company!**

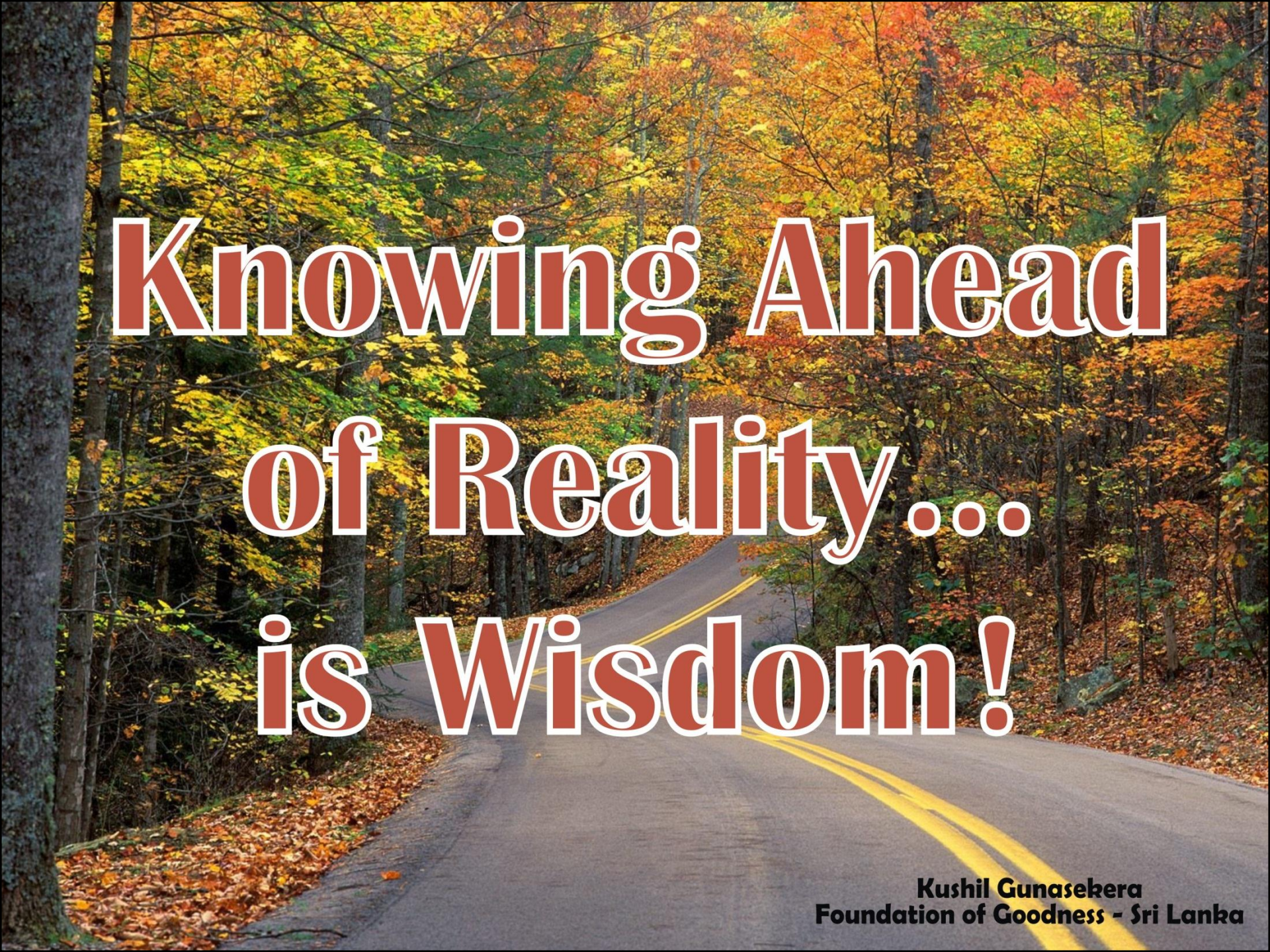
**Kushil Gunasekera**  
**Foundation of Goodness - Sri Lanka**





Setbacks  
are blessings  
in disguise  
to make better progress





**Knowing Ahead  
of Reality...  
is Wisdom!**

**Kushil Gunasekera  
Foundation of Goodness - Sri Lanka**





The waves of  
compassion  
overpowered  
the  
tsunami  
waves  
of destruction



A scenic view of a hot spring with a wooden walkway and people bathing in the water. The sky is blue with some clouds, and the water is a light blue color. The text is overlaid on the image in a large, bold, orange font with a white outline.

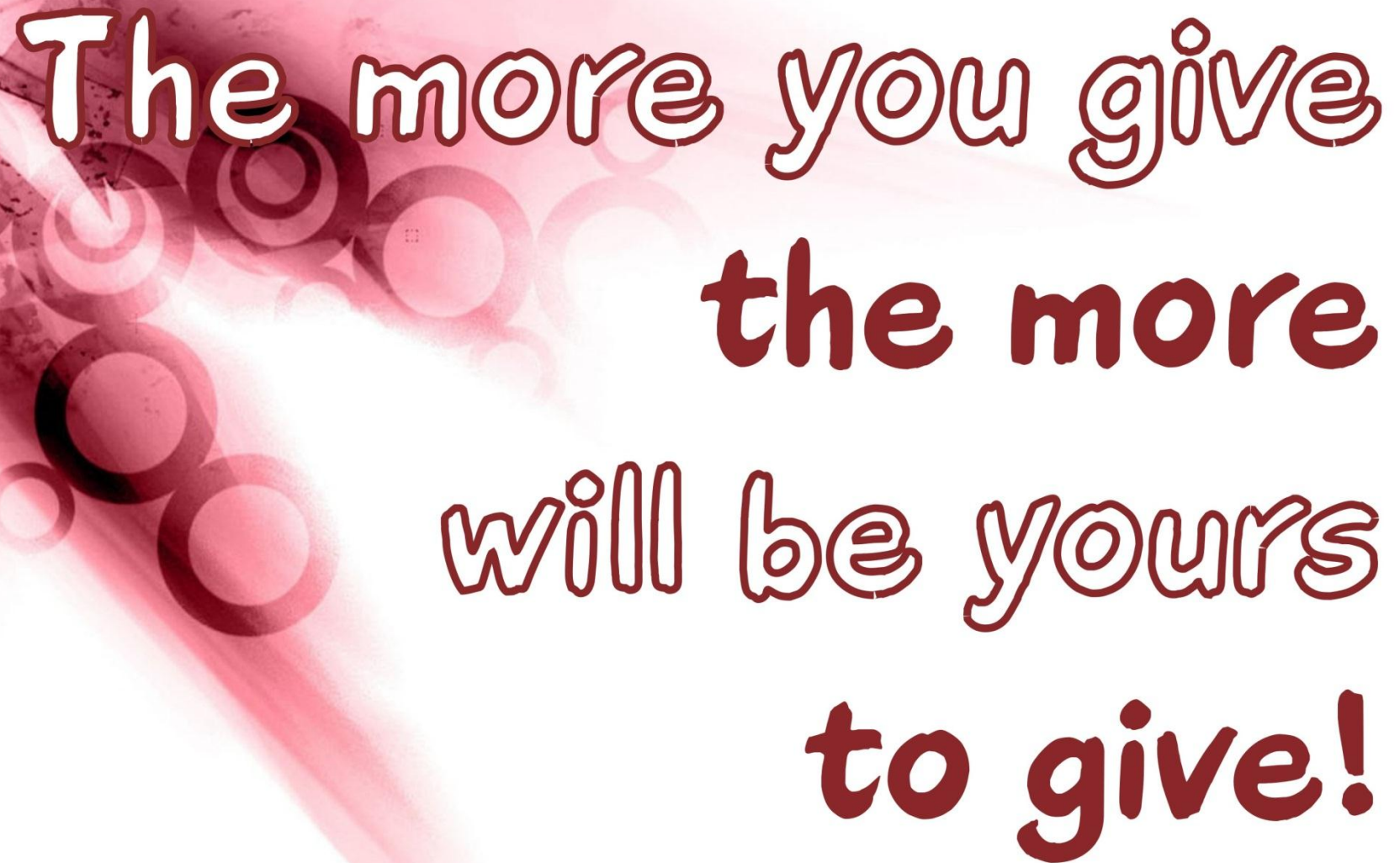
**Kindness first &  
Kindness last  
Make all things  
Happen**



Good attitude  
is happiness  
for others and  
for you

Kushil Gunasekera  
Foundation of Goodness - Sri Lanka



The background features a series of overlapping pink circles of varying sizes on the left side, with a bright, glowing light beam originating from behind them and extending towards the right. The text is positioned on the right side of the image.

The more you give  
the more  
will be yours  
to give!

**Kushil Gunasekera**  
**Foundation of Goodness - Sri Lanka**

**Nice words  
make  
heads turn..!**



Striving for  
Excellence  
is Checking on  
Your Improvement







**Failure is  
the best foundation  
to build  
lasting success**



**Doing good is like  
harvesting  
tasty fruits**



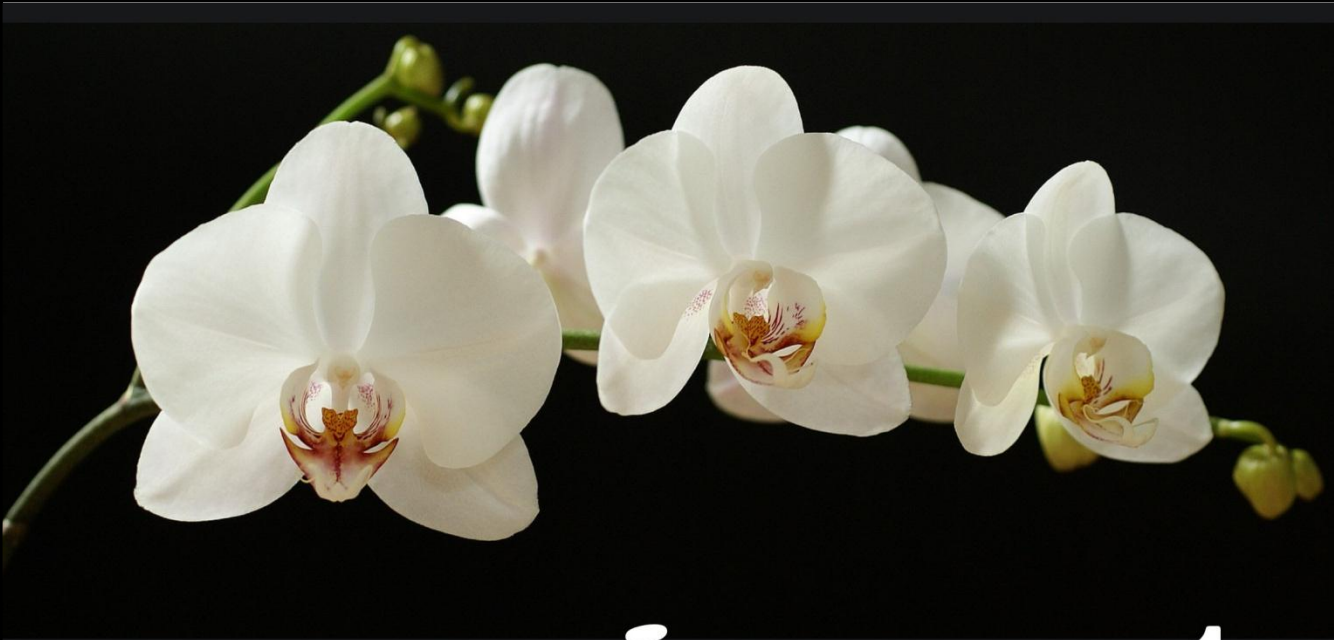
A photograph of a forest path with trees and fallen leaves in autumn colors (orange, red, yellow). The path leads into the distance, and the scene is softly lit.

**Don't listen  
to one side of the story;  
because you never know  
what is on the other side.**





**Increase  
your levels of  
happiness by  
managing your  
expectations**



**The  
heart  
is our temple..  
...and kindness  
is the philosophy**



**Investing  
well  
in the  
present  
makes  
the  
future  
worthwhile**



**Kushil Gunasekera  
Foundation of Goodness - Sri Lanka**





**Have the  
courage to ask  
for forgiveness  
since that  
eliminates  
hatred**

**Kushil Gunasekera  
Foundation of Goodness - Sri Lanka**




A photograph of two rabbits, one brown and one orange, sitting on a green lawn. The brown rabbit is on the left, and the orange rabbit is on the right. They are facing each other, with their heads close together. The background is a soft-focus green field.

**Never try to understand  
someone without associating;**

**Face value is one thing,  
conduct is another!**



# The cause and effect (Kamma) is debit and credit in the Bank of Life

Four wooden blocks, each with a letter (E, A, I, L) and covered in water droplets, are arranged in a row. The blocks are light brown and have a textured surface. The letters are carved into the top of each block. The water droplets are of various sizes and are scattered across the surface of the blocks. The background is dark and textured.

Kushil Gunasekera  
Foundation of Goodness - Sri Lanka



A person stands on a dark, jagged rock in the foreground, looking out over a body of water. The sky is a mix of blue and orange, suggesting a sunset or sunrise. The water reflects the colors of the sky. The text is overlaid on the image.

# Kamma ...

is watching over you,  
good and bad  
even in secrecy.